

# LENT 2020



February

**P** *Prayer*

**A** *Almsgiving*

**U** *Useful service*

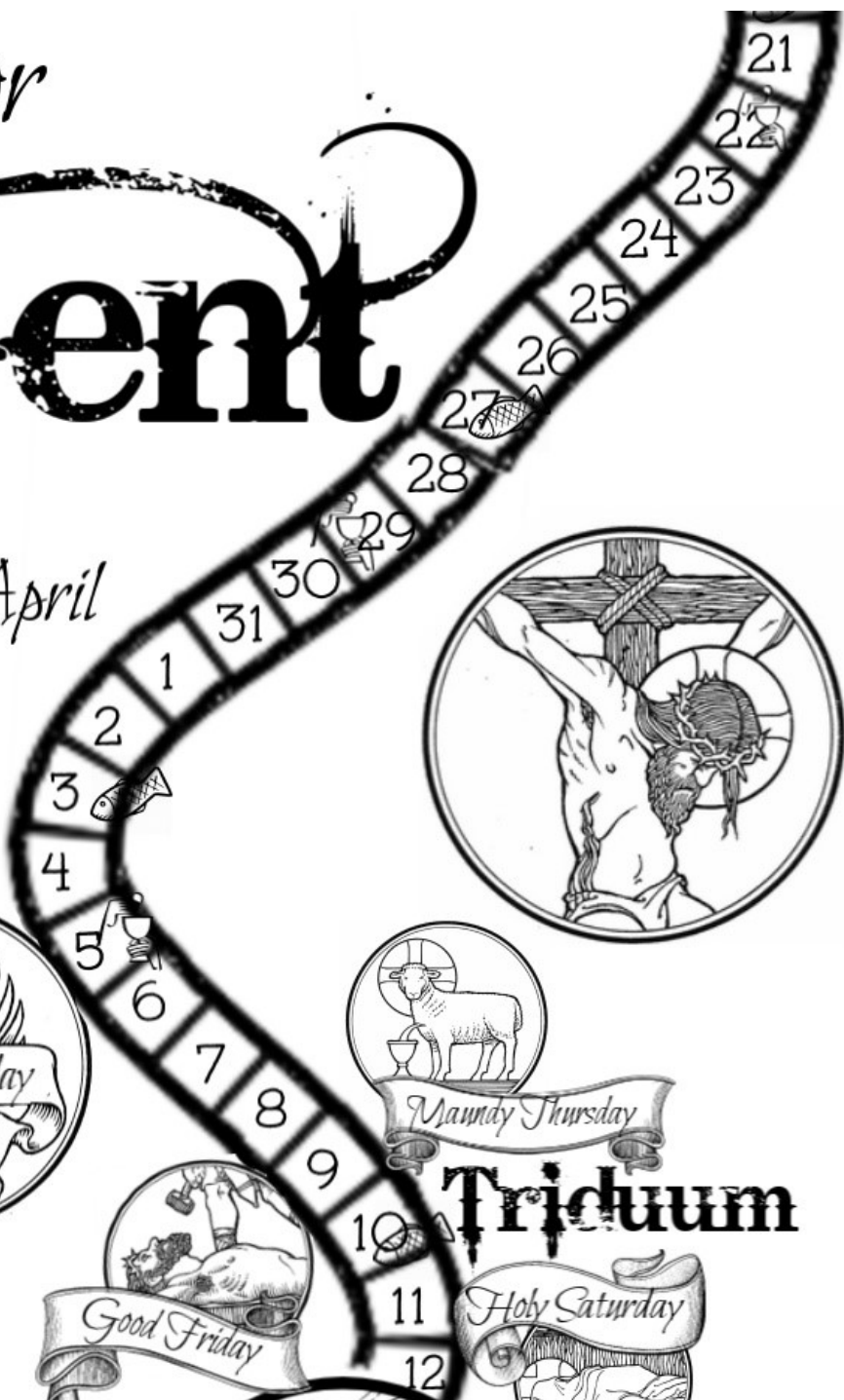
**S** *Sacrifice*

**E** *Educate yourself*



for  
**Lent**

April



**Triduum**

